

EMERGENCY PLAN FOR SPORTS RELATED INJURIES AND ADDITIONAL  
PROTOCOLS FOR ATHLETIC PARTICIPATION

- A. Creation of a Plan.** The Superintendent or his/her designee shall establish a “Sports Injury Emergency Action Plan” (at times referred to in this policy as the “Plan”) for responding to serious or potentially life-threatening injuries sustained from sports or other school sponsored athletic activities. The Sports Injury Emergency Action Plan shall:
- a. Document the proper procedures to be followed when a student sustains a serious injury or illness while participating in school sponsored sports or other athletic activity;
  - b. List the employees, team coaches, and licensed athletic trainers in each school who are trained in first aid or cardiopulmonary resuscitation;
  - c. Identify the employees, team coaches, or licensed athletic trainers responsible for carrying out the emergency action plan;
  - d. Identify the activity location, address, or venue for the purpose of directing emergency personnel;
  - e. Identify the equipment and supplies and location thereof needed to respond to the emergency;
  - f. Identify the location of any automated external defibrillators and personnel trained in the use of the automated external defibrillator; and
  - g. Document policies related to cooling for an exertional heat stroke victim consistent with guidelines established by the American College of Sports Medicine and the National Athletic Trainers’ Association.
- B. Dissemination of Sports Injury Emergency Action Plan.** The Sports Injury Emergency Action Plan shall be posted within each school and disseminated to, and coordinated with, pertinent emergency medical services, fire department, and law enforcement.
- C. Additional Written Protocols and Procedures Required.** The Superintendent or his/her designee shall develop written procedures and protocols as described below:
- 1. Hydration, Heat Acclimatization and Wet Globe Temperature – protocols relating to hydration, heat acclimatization and wet bulb globe temperature as established by the American College of Sports Medicine and the National Athletic Trainers’ Association;
  - 2. Student Medical History – procedures for obtaining student-participant medical information for each student athlete prior to engaging in sports. Such information must include:
    - a. injury or illness related to or involving any head, face, or cervical spine;
    - b. cardiac injury or diagnosis;
    - c. exertional heat stroke;
    - d. sickle cell trait;
    - e. asthma;

- f. allergies; or
- g. diabetes.

Access, filing, and confidentiality of student-participant medical information shall be managed in accordance with the Family Educational Rights and Privacy Act (FERPA), and the Health Insurance Portability and Accountability Act

- 3. Student Return to Play - Procedures governing a student's to return to play after a sports or illness related injury pertaining to this policy are in addition to the return to play provisions specific to head injuries set forth in Board policy JLCJ, and copies of the procedures must be maintained at the SAU office and available to the Department of Education and public upon request.

**D. Annual Review and Update.** The Superintendent and/or designee shall assure that the Sports Injury Emergency Action Plan, and all procedures and protocols adopted pursuant to this policy are reviewed no less than annually and updated as necessary. Copies of the updated Plan and procedures should be provided to the Board no later than the start of each school year.

**E. Inclusion of Sports Injury Emergency Action Plan with Emergency Response Plan.** The Sports Injury Emergency Action Plan shall be included with each school's annual Emergency Response Plan (see Board policy *EBCA*).

**Legal References:**

- 20 U.S.C. §1232g, Family Educational Rights and Privacy Act (FERPA)*
- 34 C.F.R. Part 99, Family Educational Rights and Privacy Act Regulations*
- RSA 200:40-c, Emergency Plan for Sports Related Injuries*

**Policy Adoption & Revision History:**

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