

2012 Hillsborough Area Community Guide



**A resource
directory for those living in
Hillsborough**

HELP IN A HURRY

In Case of Emergency DIAL 911 or 464-5512

Concord Hospital Behavioral Health 24-Hour Crises Line

Phone: 603-226-0817

Domestic Violence 24-Hour Hotline

Phone: 866-644-3574

Phone: TTY: 800-735-2964

Homeless Hotline and NH Resource and Referral Network

Phone: 211

NH DFS Child Abuse Hotline

Phone: 800-894-5533

Hillsborough Local Welfare

Phone: 603-464-3877 x226

NH DHHS Family Assistance Concord

Phone: 603-271-6200

Phone: 800-322-9191

NH Poison Information Center/Hotline

Phone: 800-222-1222

NH State Hospital

Phone: 800-852-3345 x 5300

Riverbend 24-Hour

EMERGENCY SERVICES/SUICIDE HOTLINE

Phone: 800-852-3323

INTRODUCTION

Dear Friends,

This guide is intended as an "at your fingertips" way to easily find help in our area with all kinds of issues our families face on a daily, and not so daily, basis.

Our hope is that community members will feel empowered by this information. Please note, however, that no such list is ever complete. If you know of a resource that was not included, or do not find the help you need here, please contact Dana Brien who will add missing contacts for the next guide or try to find a resource to help with your needs.

This guide has been published with support from Monadnock Paper Mill, Hillsboro Community Action Team, Project LIFT, Valley Bible Chapel, and the Hillsborough Welfare Office. To be added to the next guide, or to support it's publication, please contact one of the three organizers of this effort:

Dana Brien, Town of Hillsborough Welfare Administrator
603-464-3877 x226

Judith Fournier, Director of Project LIFT
603-464-5285

Pastor Greg Lull, Valley Bible Chapel
603-464-3511

Thank you!!

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At Your Fingertips...

Child Care Resources

Easter Seals 800-870-8728
Southern NH Services Child Development Center 603-464-5981

Local Churches

Hillsborough United Methodist Church 603-464-5466
Smith Memorial Church 603-464-5239
St Theresa's/St Mary's Church 603-464-5565
Valley Bible Chapel 603-464-3511

Clothing Resources

Friends of Forgotten Children 603-753-4801
Hillsborough Food Pantry/Clothing Closet 603-464-4080
Rise Again Outreach 603-229-3220
The River Center 603-924-6800

Disability Services and Information

Capital Payee Services 603-225-3858
Community Bridges 800-225-4779
Crotched Mountain Rehab Hospital 603-547-3232
Easter Seals 800-870-8728
Meals on Wheels 603-464-3553
NH DHHS APTD Disability Determination Unit 603-271-4445
NH DHHS Bureau of Elderly and Adult Services 603-271-9203
NH Governor's Commission on Disability 603-271-2773
Parent Information Center 800-947-7005
Service Link 866-634-9412

Domestic and Sexual Violence

Domestic Violence 24-Hour Hotline 866-644-3574
Monadnock Center for Violence Prevention 603-352-3782
NH Coalition Against Domestic and Sexual Violence 603-224-8893
Sexual Assault 24-Hour Hotline 800-227-5570
YWCA 603-668-2299

Education Resources

Child and Family Services 603-518-4171
Concord Regional VNA 603-224-4093
Easter Seals 800-870-8728

Educational Resources (cont)

Hillsboro-Deering Elementary School 603-464-1110
Hillsboro-Deering High School 603-464-1130
Hillsboro-Deering Middle School 603-464-1120
Hillsboro Deering Public Schools Title One Program 603-464-1110
Hillsboro-Deering Public Schools/SAU 34 603-464-4466
Home Health Care, Hospice and Community Services 800-541-4145
Parent Information Center 800-947-7005
Project Genesis Teen Center 603-464-4145
Project Lift Adult Learner Services 603-464-5285
Riverbend Children's Intervention Program 603-228-0547
Southern NH Services Child Development Center 603-464-5981
The Grapevine Community Resource Center 603-588-2620
The River Center 603-924-6800

Family Support

Child and Family Services 603-518-4171
Community Action Team 603-464-5779
Concord Regional VNA 603-224-4093
Easter Seals 800-870-8728
Friends of Forgotten Children 603-753-4801
Greater Henniker Family Counseling 603-428-7400
Hillsboro Deering Public Schools Title One Program 603-464-1110
Hillsborough County Dept of Human Services 603-621-1478
Hillsborough United Methodist Church 603-464-5466
Hillsborough Youth Services 603-464-3877 x230
Home Health Care, Hospice and Community Services 800-541-4145
New Hampshire Catholic Charities 603-669-3030 x239
NH Child and Family Services 603-518-4214
NH DFS Child Abuse Hotline 800-894-5533
NH DHHS Child Support Services 603-271-3604
Project Genesis 603-464-4145
Rise Again Outreach 603-229-3220
Riverbend Children's Intervention Program 603-228-0547
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000
Smith Memorial Church 603-464-5239
Southern NH Services Child Development Center 603-464-5981
St Theresa's/St Mary's Church 603-464-5565
The Grapevine Community Resource Center 603-588-2620
The River Center 603-924-6800
Valley Bible Chapel 603- 464-3511

Federal Resources and Contacts

Sen. Jeanne Shaheen 603-647-7500
Sen. Kelly Ayotte 603-622-7373
Social Security Concord 888-397-9798
Social Security Manchester 866-354-3773

Food Help

EBT Card check 888-997-9777
Friendly Kitchen 603-224-7678
Friends of Forgotten Children 603-753-4801
Hillsborough Food Pantry/Clothing Closet 603-464-4080
Hillsborough Local Welfare 603-464-3877 x226
Meals on Wheels 603-464-3553
St Vincent De Paul 603-225-4331
WIC/Commodity Foods 603-668-8010

Fuel and Electric Help

Catholic Charities 603-228-1108
Citizen's Energy 617-338-6300
Hillsborough Local Welfare 603-464-3877 x226
Hillsborough Youth Services 603-464-3877 x230
New Hampshire Catholic Charities 603-669-3030 x239
NH Public Utilities Commission 603-271-2431
Southern NH Services Energy Assistance Programs 603-924-2243

Homeless Assistance

Edna McKenna House 603-228-3505
Friendly Kitchen 603-224-7678
Friends Shelter 603-228-1462
Hillsborough Local Welfare 603-464-3877 x226
Homeless Hotline 211
Monadnock Area Transitional Shelter 603-924-5033
Monadnock Center for Violence Prevention 603-352-3782
New Horizons 603-668-1877
Rise Again Outreach 603-229-3220
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000

Housing Help and Resources

Belknap-Merrimack CAP 603-229-1989
CATCH 603-225-8835
Families In Transition 603-641-9441
Farmsteads of NE 603-464-2590
HAVE Healthy Home Services 603-627-3491
Hillsborough Local Welfare 603-464-3877 x226
Monadnock Area Transitional Shelter 603-924-5033
NH Healthy Homes and Lead Poisoning Prevention 603-271-4786
NH Housing Finance 603-310-9283
The Hodges Companies CATCH 603-224-9221
The Way Home 603-627-3491

Legal Resources

AG's office Consumer Protection 888-468-4454
Disabilities Rights Center 603-228-0432
Lawline 800-868-1212
Legal Advice and Referral Center 800-639-5290
Legal Advice Line Senior Citizen's Law Project 888-353-9944

Local Welfare

Hillsborough Local Welfare 603-464-3877 x226
Town of Washington 603-495-3193

Medical Assistance and Resources

American Cancer Society 800-640-7101
Centers for Disease Control Info Line 800-232-4636
Child and Family Services 603-518-4171
Concord Hospital 603-225-2711
Concord Hospital Rx Assistance Program 603-227-7000 x3340
Concord Regional VNA 603-224-4093
Crisis Pregnancy Center 603-224-7477
Crotched Mountain Rehab Hospital 603-547-3232
Easter Seals 800-870-8728
Hillsborough Local Welfare 603-464-3877 x226
Hillsborough-Deering Family Health 603-464-3434
H-D Family Health Teen Wellness Center 603-464-3434
Home Health Care, Hospice and Community Services 800-541-4145
Medicaid Provider List 800-852-3345 #1 x4344
Monadnock Community Hospital 603-924-7191
New Hampshire Catholic Charities 603-669-3030 x239

Medical Assistance and Resources (cont)

NH Healthy Kids 603-228-2925
Rite Aid Pharmacy 603-464-5678
Riverbend Community Mental Health 603-228-0547
Service Link 866-634-9412

Mental Health Support and Services

Brookside Counseling 603-464-5599
Community Bridges 800-225-4779
Concord Hospital Behavioral Health Crises Line 603-226-0817
Concord Regional VNA 603-224-4093
Greater Henniker Family Counseling 603-428-7400
Hillsborough-Deering Family Health 603-464-3434
Monadnock Family Services Crisis Line 603-357-4400
New Hampshire Catholic Charities 603-669-3030 x239
NH State Hospital 603-271-5300
Riverbend Community Mental Health 603-228-0547
Samaritans Suicide Prevention 800-784-2499

Money Management and Budgeting Assistance

Capital Payee Services 603-225-3858
GreenPath Debt Solutions 800-660-5609
Hillsborough Local Welfare 603-464-3877 x226
More Than Wheels 866-455-2522
The Grapevine Community Resource Center 603-588-2620
The River Center 603-924-6800

Mortgage Resources

CATCH 603-225-8835
Hope Hotline 888-995-4673
NH Banking Commission 603-271-3561

Parenting Support and Education

Child and Family Services 603-518-4171
Concord Regional VNA 603-224-4093
Hillsboro Deering Public Schools Title One Program 603-464-1110
Hillsborough County Dept of Human Services 603-621-1478
Hillsborough United Methodist Church 603-464-5466
Home Health Care, Hospice and Community Services 800-541-4145
Riverbend Children's Intervention Program 603-228-0547
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000
Smith Memorial Church 603-464-5239
Southern NH Services Child Development Center 603-464-5981

Parenting Support and Education (cont)

The Grapevine Community Resource Center 603-588-2620
The River Center 603-924-6800
Valley Bible Chapel 603- 464-3511

Senior and Elderly Resources and Support

Concord Regional VNA 603-224-4093
Easter Seals 800-870-8728
Hillsborough Local Welfare 603-464-3877 x226
Meals on Wheels 603-464-3553
NH DHHS Bureau of Elderly and Adult Services 603-271-9203
Service Link 866-634-9412
The Grapevine Community Resource Center 603-588-2620
The River Center 603-924-6800

State of New Hampshire Contacts and Information

NH Banking Commission 603-271-3561
NH Bureau of Drug and Alcohol Services 603-271-6110
NH Child and Family Services 603-518-4214
NH DFS Child Abuse Hotline 800-894-5533
NH DHHS APTD Disability Determination Unit 603-271-4445
NH DHHS Bureau of Elderly and Adult Services 603-271-9203
NH DHHS Child Support Services 603-271-3604
NH DHHS Family Assistance Concord 603-271-6200
NH DHHS Family Assistance Keene 603-357-3510
NH Employment Security 603-228-4100
NH Governor's Commission on Disability 603-271-2773
NH Healthy Homes Lead Poisoning Prevention 603-271-4786
NH Healthy Kids 603-228-2925
NH House of Reps, Marjorie Porter 603-464-0225
NH House of Reps, Holly Mecheski 603-478-3986
NH House of Reps, Robert Fredette 603-464-9962
NH Senate 603-271-2111
Service Link 866-634-9412

Substance Abuse Help and Support

Alcoholics Anonymous 800-593-3330
Community Action Team 603-464-5779
Concord Hospital Behavioral Health Crises Line 603-226-0817
Friendship House 603-869-2210
Greater Henniker Family Counseling 603-428-7400
NH Bureau of Drug and Alcohol Services 603-271-6110
Phoenix House 603-358-4041

Town of Hillsborough Contacts

Hillsboro-Deering Elementary School 603-464-1110
Hillsboro-Deering High School 603-464-1130
Hillsboro-Deering Middle School 603-464-1120
Hillsboro-Deering Public Schools/SAU 34 603-464-4466
Hillsborough Fire Rescue 603-464-3477
Hillsborough Local Welfare 603-464-3877 x226
Hillsborough Police 603-464-5512
Hillsborough Youth Services 603-464-3877 x230
Project Genesis Teen Center 603-464-4145
Project Lift Adult Learner Services 603-464-5285
Town of Hillsborough Selectmen/Assessing Office 603-464-3877

Transportation

Easter Seals Special Transit Services 603-668-8603
Good News Garage 603-663-6391
More Than Wheels 866-455-2522

Full Contact Directory for All Agencies:

Attorney General's Office Consumer Protection

Phone: 888-468-4454

On the Web: www.doj.nh.gov/consumer

Email: DOJ-CPB@doj.nh.gov

Alcoholics Anonymous

Phone: 800-593-3330

On the Web: www.nhaa.net

American Cancer Society

2 Commerce Drive

Bedford, NH 03110

Phone: 800-640-7101

On the Web: www.cancer.org

Belknap-Merrimack CAP

Phone: 603-229-1989

On the Web: www.bm-cap.org

Security Deposit Loan Guarantee program, Apartment must be in Merrimack County

Brookside Counseling

365 West Main Street

Hillsborough, NH 03244

Phone: 603-464-5599

Fax: 603-464-5549

Capital Payee Services

26 S. Main St #298

Concord, NH 03301

Phone: 603-225-3858

Fax: 603-225-3858

Email: capitalpayeeservices@usa.net

Professional Payee Services for those on Social Security who require third party assistance in managing their money.

CATCH

76 South State Street

Concord, NH 03301

Phone: 603-225-8835

On the Web: www.catchhousing.org

Email: info@catchhousing.org

Mortgage Assistance Resource/Affordable Housing Options

Catholic Charities

176 Loudon Rd

Concord, NH 03301

Phone: 603-228-1108

On the Web: www.nh-cc.org

Centers for Disease Control Info Line

Phone: 800-232-4636

Health Information

Child and Family Services

103 North State Street

Concord, NH 03301

Phone: 603-518-4171

Phone: 800-640-6486 x4171

Fax: 603-224-7445

On the Web: www.cfsnh.org

Email: postn@cfsnh.org

Healthy Families Program

Citizen's Energy

Phone: 617-338-6300

Phone: 877-563-4645

On the Web: citizensenergy.com

Email: inform@citizensenergy.com

Joe for Oil campaign, Fuller oil does deliver in Hillsboro on this program

Community Action Team

61 West Main St

Hillsborough, NH 3244

Phone: 603-464-5779

On the Web: www.hillsborocat.org

Drug and Alcohol abuse prevention and education coalition. Information, referrals, assessments, short-term counseling

Community Bridges

525 Clinton St

Bow, NH 03304

Phone: 800-225-4779

On the Web: www.communitybridgesnh.org

Concord Hospital

250 Pleasant St

Concord, NH 03301

Phone: 603-225-2711

On the Web: www.concordhospital.org

Concord Hospital Behavioral Health

250 Pleasant St

Concord, NH 03301

Phone: 603-226-0817 (24-hour assistance)

Phone: 603-227-7000 x4500

On the Web: www.concordhospital.org/services/behavioral.php

Emergency and residential psychiatric and substance abuse treatment and support.

Concord Hospital Rx Assistance Program

250 Pleasant St

Concord, NH 03301

Phone: 603-227-7000 x3340

Fax: 603-227-7010

On the Web: www.concordhospital.org

Concord Regional VNA

30 Pillsbury St

Concord, NH 03301

Phone: 603-224-4093

On the Web: www.crvna.org

Crisis Pregnancy Center

7 Greenwood Ave

Concord, NH 03301

Phone: 603-224-7477

Crotched Mountain Rehab Hospital

1 Varney Dr

Greenfield, NH 03047

Phone: 603-547-3232

Fax: 603-547-2349

On the Web: www.crotchedmountain.org

Harry Gregg Foundation Grants

Disabilities Rights Center

18 Low Ave

Concord, NH 03301

Phone: 603-228-0432

Phone: 800-834-1721

Fax: 603-225-2077

On the Web: www.drcnh.org

DRC provides information, referrals, legal advice and legal representation in the areas of civil and other legal rights of people with disabilities.

Domestic Violence 24-Hour Hotline

Phone: 866-644-3574

Phone: TTY: 800-735-2964

Crisis support, information and referrals.

Easter Seals

555 Auburn Street

Manchester, NH 03103

Phone: 800-870-8728

Phone: 603-621-3497

Fax: 603-622-1358

On the Web: nh.easterseals.com

Easter Seals Special Transit Services

Phone: 603-668-8603

Give Medicaid rides, must be scheduled through Medicaid Client Services,
800-852-3345 x3770

EBT Card check

Phone: 888-997-9777

On the Web: www.ebtedge.com

Check the balance on your EBT card

Edna McKenna House

100 S Fruit St

Concord, NH 03301

Phone: 603-228-3505

Fax: 603-224-7877

Families In Transition

122 Market St
Manchester, NH 03101
Phone: 603-641-9441
Phone: 866-470-6885
On the Web: www.fitnh.org
Email: info@fitnh.org

Farmsteads of NE

213 Center Road
Hillsborough, NH 03244
Phone: 603-464-2590
Fax: 603-464-4426

Friendly Kitchen

52 Pleasant St
Concord, NH 03301
Phone: 603-224-7678

Friends of Forgotten Children

224 Bog Rd
Concord, NH 03301
Phone: 603-753-4801
Food Pantry/Clothing Closet/Kids Furniture

Friends Shelter

30 Thompson St
Concord, NH 3301
Phone: 603-228-1462

Friendship House

Rt 302
Bethlehem, NH
Phone: 603-869-2210
On the Web: www.tccap.org/aod_friendship_house.htm

Good News Garage

325 Merrill Street

Manchester, NH 03103

Phone: 603-663-6391

Phone: 877-400-6065

On the Web: www.goodnewsgarage.org

Transportation

Greater Henniker Family Counseling

41 Liberty Hill Road

Henniker, NH 03242

Phone: 603-428-7400

On the Web: www.hennikercounseling.org

Email: nwilliamson@tds.net

GreenPath Debt Solutions

P.O. Box 818

Concord, NH 03302

Phone: 800-660-5609

On the Web: www.greenpath.com

HAVE Healthy Home Services

214 Spruce Street

Manchester, NH 03103

Phone: 603-627-3491

Fax: 603-644-7949

Hillsboro-Deering Elementary School

4 Hillcat Drive

Hillsborough, NH 03244

Phone: 603-464-1110

Fax: 603-464-4385

Hillsboro-Deering High School

12 Hillcat Drive

Hillsborough, NH 03244

Phone: 603-464-1130

Fax: 603-464-4028

Hillsboro-Deering Middle School

6 Hillcat Drive
Hillsborough, NH 03244
Phone: 603-464-1120
Fax: 603-464-5759

Hillsboro-Deering Public Schools Title One Program

4 Hillcat Drive
Hillsborough, NH 03244
Phone: 603-464-1110
Tutoring, Home Visits, Parent Education

Hillsboro-Deering Public Schools/Homeless Outreach

Alison Christy
Families in Transition Coordinator
12 Hillcat Drive
Hillsborough, NH 03244
Phone: 603-464-1130 x3027
Phone: 603-547-0605
Email: achristy@hdsd.k12.nh.us

Hillsboro-Deering Public Schools SAU 34

P.O. Box 2190
78 School Street, Third Floor
Hillsborough, NH 03244
Phone: 603-464-4466
Fax: 603-464-4053
On the Web: www.hdsd.org

Hillsborough County Dept of Human Services

329 Mast Road
Goffstown, NH 03103
Phone: 603-621-1478
Fax: 603-621-1481

Hillsborough Fire Rescue

15 Central St

Hillsborough, NH 03244

Phone: 603-464-3477

Fax: 603-464-3122

On the Web: www.hillsborofd.com

Hillsborough Food Pantry/Clothing Closet

7 Church St

Hillsborough, NH 03244

Phone: 603-464-4080

Open toes 5:00-7:00pm

Hillsborough Local Welfare

27 School Street

Hillsborough, NH 03244

Phone: 603-464-3877 x226

Fax: 603-464-4270

On the Web: www.town.hillsborough.nh.us

Email: dana@hillsboroughnh.net

M-F 8:30am-4:30pm by appointment

Hillsborough Police

22 Municipal Drive

Hillsborough, NH 03244

Phone: 603-464-5512

On the Web: www.hillsbroropd.com

Hillsborough United Methodist Church

Pastor Cindy Nickerson

16 Henniker Street

Hillsborough, NH 03244

Phone: 603-464-5466

Email: pastor@hillsboroumc.net

Hillsborough Youth Services

Peter Brigham

Phone: 603-464-3877 x230

Email: peteruns@gmail.com

Juvenile Court Diversion (State Accredited) Family/Youth Counseling and Substance abuse referrals, Group Community Service, Community Action Team (CAT) Sponsor, Parent/Child Special Education Support

Hillsborough-Deering Family Health

15 Antrim Road

Hillsborough, NH 03244

Phone: 603-464-3434

On the Web: www.concordhospital.org

Home Health Care, Hospice and Community Services

312 Marlboro Street

Keene, NH 03431

Phone: 800-541-4145

Fax: 603-352-2253

On the Web: www.hcsservices.org

Email: info@hcsservices.org

Maternal and Child Health Services

Homeless Hotline

Phone: 211

On the Web: www.211nh.org

Hope Hotline

Phone: 888-995-4673

On the Web: www.makinghomeaffordable.gov

Nationwide Mortgage helpline

Lawline

Phone: 800-868-1212

2nd Wednesday of every month from 6pm to 8pm. Volunteer Lawyers offer free legal information.

Legal Advice and Referral Center

48 South Main St

Concord, NH 03301

Phone: 800-639-5290

Fax: 603-884-6067

On the Web: www.nhlegalaid.org

Free legal Service to eligible, low-income people in New Hampshire with issues in Family Law, Benefits and Welfare, and Housing.

Legal Advice Line Senior Citizen's Law Project

Phone: 888-353-9944

The Legal Advice Line, a service of New Hampshire Legal Assistance provides free legal advice in civil matters for senior citizens 60 and older.

Meals on Wheels

30-34 West Main Street

Hillsborough, NH 03244

Phone: 603-464-3553

On the Web: www.mealsonwheelsnh.org

Email: geno3@hotmail.com

Seniors over 60 automatically eligible to dine with MOW at St Mary's M-F for dinner. If senior can show cause, meals will be delivered. Also offer rides for grocery shopping. Disabled adults under age 60 may also qualify depending on income.

Medicaid Provider List

Phone: 800-852-3345 #1 x4344

Monadnock Area Transitional Shelter

Phone: 603-924-5033

On the Web: www.matsnh.org

Not an emergency shelter

Monadnock Center for Violence Prevention

Phone: 603-352-3782

Phone: 888-511-6287

Advocacy, Information and referral for people experiencing domestic and sexual violence. 24-Hour crises hotline, emergency Shelter, Safety Planning, Support groups and Peer counseling and Legal Advocacy.

Monadnock Community Hospital

Phone: 603-924-7191

On the Web: www.monadnockcommunityhospital.com

Monadnock Family Services

310 Southfield Lane

Peterborough, NH 03458

Phone: 603-357-4400

On the Web: www.mfs.org

Parenting Education

Monadnock Family Services Crisis Line

Phone: 603-357-4400

Keene is 24 hours

More Than Wheels

250 Commercial St Ste. 4021

Manchester, NH 03101

Phone: 866-455-2522

On the Web: www.bonnieclac.org/

Money management counseling for working adults with a goal of affording their own vehicle.

New Hampshire Catholic Charities

215 Myrtle Street

Manchester, NH 03104

Phone: 603-669-3030 x239

Phone: 800-562-5249

Fax: 603-626-1252

On the Web: www.catholiccharitiesnh.org

New Horizons

199 Manchester St

Manchester, NH 03103

Phone: 603-668-1877

On the Web: www.newhorizonsfornh.org

Adult homeless Shelter, Food Supportive recovery services.

NH Banking Commission

Phone: 603-271-3561

Phone: 800-437-5991

Mortgage Assistance resource.

NH Bureau of Drug and Alcohol Services

Phone: 603-271-6110

Phone: 800-804-0909

On the Web: www.dhhs.nh.gov/dcbcs/bdas/

A resource for information on Drug and Alcohol services throughout New Hampshire.

NH Child and Family Services

103 North State St

Concord, NH 03301

Phone: 603-518-4214

Fax: 603-224-7445

On the Web: www.dhhs.state.nh.us

Family Supports, Child Protection

NH Coalition Against Domestic and Sexual Violence

P.O. Box 353

Concord, NH 03302

Phone: 603-224-8893

Fax: 603-228-6096

On the Web: www.nhcadv.org

NH DFS Child Abuse Hotline

Phone: 800-894-5533

To Report concerns

NH DHHS APTD Disability Determination Unit

Phone: 603-271-4445

Phone: 800-852-3345 x 4445

To check on status of pending apps

NH DHHS Bureau of Elderly and Adult Services

Phone: 603-271-9203

Phone: 800-351-1888

On the Web: www.dhhs.state.nh.us

NH DHHS Child Support Services

40 Terrill Park Drive

Concord, NH 03301

Phone: 603-271-3604

Phone: 603-271-4745

On the Web: www.dhhs.state.nh.us

Court ordered Child Support Administration, questions

NH DHHS Family Assistance Concord

40 Terrill Park Drive

Concord, NH 03301

Phone: 603-271-6200

Phone: 800-322-9191

Fax: 603-271-6451

On the Web: www.dhhs.state.nh.us

Food Stamps, Cash Assistance, Medical, Job Training, Work Search Assistance.

Serves Hillsborough Residents

NH DHHS Family Assistance Keene

809 Court Street

Keene, NH 03431

Phone: 603-357-3510

Phone: 800-624-9700

Fax: 603-352-2598

On the Web: www.dhhs.state.nh.us

Serves Deering w/ or w/o Hillsborough mailing addresses.

Covers Hillsborough for DCYF. Serves Windsor w/ or w/o

Hillsborough Mailing Address.

NH Employment Security

10 West Street

Concord, NH 03301

Phone: 603-228-4100

Phone: 800-852-3400

On the Web: www.nh.gov/nhes

Unemployment Benefits, Job Search assistance

NH Governor's Commission on Disability

57 Regional Dr.

Concord, NH 03301

Phone: 603-271-2773

Phone: 800-852-3405

Fax: 603-271-2837

On the Web: www.nh.gov/disability

NH Healthy Homes and Lead Poisoning Prevention Program

Phone: 603-271-4786

On the Web: www.dhhs.nh.gov/dphs/bchs/clpp/index.htm

Regarding specific questions about making homes lead safe for small children

NH Healthy Kids

1 Pillsbury St, Suite 300

Concord, NH 03301

Phone: 603-228-2925

Phone: 877-464-2447

Fax: 603-224-4535

On the Web: www.nhhealthykids.com

Medical Coverage for income eligible kids through age 18 years and pregnant moms.

NH House of Reps

Marjorie Porter

64 School St

Hillsborough, NH 03244

Phone: 603-464-0225

Email: marjorie.porter@leg.state.nh.us

NH House of Reps

Holly Mecheski

26 Rocky Ledge Road

Windsor, NH 03244

Phone: 603-478-3986

NH House of Reps

Robert Fredette

31 Bog Road

Hillsborough, NH 03244

Phone: 603-464-9962

Email: fredette2010@hotmail.com

NH Housing Finance

32 Constitution Blvd

Bedford, NH 03110

Phone: 603-310-9283

Phone: 800-439-7247

Fax: 603-488-0875

On the Web: www.nhhfa.org

Section 8 voucher waiting list, Mortgage counseling

NH Public Utilities Commission

21 South Fruit St Ste 10

Concord, NH 03301

Phone: 603-271-2431

Phone: 800-852-3793

Fax: 603-271-3878

On the Web: www.puc.state.nh.us

Email: puc@puc.nh.gov

Regulates metered utilities in New Hampshire such as Electricity, Natural Gas, and Telephone.

NH Senate

Andy Sanborn

33 North State St, Rm 5

Concord, NH 03301

Phone: 603-271-2111

Email: andy.sanborn@leg.state.nh.us

NH State Hospital

36 Clinton St

Concord, NH 03301

Phone: 603-271-5300

Phone: 800-852-3345 x 5300

Fax: 603-271-5395

On the Web: www.dhhs.state.nh.us/dcbcs/nhh/index.htm

Parent Information Center

P.O. Box 2405

Concord, NH 03302

Phone: 603-224-7005

Phone/TTY: 800-947-7005

Fax: 603-224-4365

On the Web: www.parentinformationcenter.org

Assistance with 504 Plans, IEPs and navigating the process of obtaining education assistance for children with disabilities.

Phoenix House

Phone: 603-358-4041

Phone: 800-378-4435

Drug abuse treatment for Adults and Teens in 4 locations throughout NH

Project Four

Phone: 603-464-3511

Faith based family support for families in crisis. Applications may be made through Valley Bible Chapel.

Project Genesis

23 Depot Street

Hillsborough, NH 03244

Phone: 603-464-4145

Phone: 603-464-5779

Drop-in Teen Center sponsored by Hillsboro Youth Services

Project Lift Adult Learner Services

Judith Fournier

P.O. Box 43

Hillsborough, NH 03244

Phone: 603-464-5285

Fax: 603-464-5060

On the Web: www.fullerlibrary.info www.nhadulted.org

Email: hillsboroadulted@hotmail.com

FREE Adult basic education, GED prep, Tutoring, Referrals

Rise Again Outreach

34 Staniels Rd

Loudon, NH 03307

Phone: 603-229-3220

Phone: 800-266-5017

Rite Aid Pharmacy

315 West Main St

Hillsborough, NH 03244

Phone: 603-464-5678

LINET Medicare part D Assistance

Riverbend Children's Intervention Program

105 Loudon Rd. Building 4

Concord, NH 03301

Phone: 603-228-0547

Fax: 603-226-7525

On the Web: www.riverbendcmhc.org

Riverbend Community Mental Health

P.O. Box 2032

Concord, NH 03301

Phone: 603-228-0547

On the Web: www.riverbendcmhc.org

Runaway Switchboard

Phone: 800-621-4000

Homeless and runaway teens

Samaritans Suicide Prevention

Phone: 800-784-2499

Phone: 800-273-8255

Sen. Jeanne Shaheen

1589 Elm Street, Ste 3

Manchester, NH 03101

Phone: 603-647-7500

Phone: 202-224-2841

Fax: 603-647-9352

On the Web: shaheen.senate.gov

Sen. Kelly Ayotte

1200 Elm Street Ste 2

Manchester, NH 03101

Phone: 603-622-7373

Phone: 202-224-3324

Fax: 603-622-0422

On the Web: ayotte.senate.gov

Service Link

Phone: 866-634-9412

On the Web: www.nh.gov/servicelink

Medicaid/Medicare/Service resources for Seniors and Disabled Adults

Sexual Assault 24-Hour Hotline

Phone: 800-227-5570

Phone: TTY: 800-735-2964

Crisis support, information and referrals.

Smith Memorial Church

Pastor Andrew McLeod

30-34 West Main Street

Hillsborough, NH 03244

Phone: 603-464-5239

On the Web: smithmemorialucc.org

Email: smithmemorialucc@mcttelecom.com

Office Hours: Tue-Fri 9am-12pm

Social Security Concord

70 Commercial St Ste #100

Concord, NH 03301

Phone: 888-397-9798

On the Web: www.ssa.gov

Social Security Manchester

1 Wall Street, Suite 201

Manchester, NH 03101

Phone: 866-354-3773

Phone: 866-814-5408

On the Web: www.ssa.gov

Southern NH Services Child Development Center

21 School St

Hillsborough, NH 03244

Phone: 603-464-5981

Phone: 603-464-3136

Fax: 603-464-3420

On the Web: www.snhs.org

Pre-school, before and after school care and Head Start

Southern NH Services Energy Assistance Programs

46 Concord St.

Peterborough, NH 03458

Phone: 603-924-2243

Fax: 603-924-5756

On the Web: www.snhs.org

St Theresa's/St Mary's Church

Father Thomas Dustin
36 Church St
Hillsborough, NH 03244
Phone: 603-464-5565
Phone: 603-464-6021
On the Web: www.showerofroses.org
Email: rectoryoffice@mcttelecom.com

St Vincent De Paul

135 N. State Street
Concord, NH 03301
Phone: 603-225-4331
Food pantry

The Grapevine Family and Community Resource Center

4 Aiken Street
Antrim, NH 03440
Phone: 603-588-2620
On the Web: www.AntrimNH.org
Email: thegrapevine@conknet.com

The Hodges Companies CATCH

201 Loudon Road
Concord, NH 03301
Phone: 603-224-9221
Fax: 603-228-1387
On the Web: www.hodgescompanies.com

The River Center

46 Concord St
Peterborough, NH 03458
Phone: 603-924-6800
On the Web: www.rivercenter.us

The Way Home

214 Spruce Street

Manchester, NH 03103

Phone: 603-627-3491

On the Web: www.thewayhomenh.org

Security Deposit Loan Guarantee program. Hillsborough County

Town of Hillsborough Selectmen/Assessing Office

P.O. Box 7

Hillsborough, NH 03244

Phone: 603-464-3877

Fax: 603-464-4270

On the Web: www.town.hillsborough.nh.us

Town of Washington

Carolyn Russell

7 Halfmoon Pond Road

Washington, NH 03280

Phone: 603-495-3193

On the Web: www.washingtonnh.org

Email: welfare@washingtonnh.org

Welfare Officer, Serves Washington Residents

Valley Bible Chapel

Pastor Greg Lull

14 West Main Street

Hillsborough, NH 03244

Phone: 603- 464-3511

On the Web: valleybiblechapel.net

Email: chapel@mcttelecom.com

Faith Based Assistance

WIC/Commodity Foods

P.O. Box 5040

Manchester, NH 03108

Phone: 603-668-8010

Phone: 800-322-1073

On the Web: www.snhs.org

YWCA

72 Concord Street

Manchester, NH 03101

Phone: 603-668-2299

Phone: 603-625-5785

On the Web: www.ywcanh.org

Domestic Violence Walk-in Support Center

This guide is published with support from:

Community Action Team

Peter Brigham

61 West Main St

Hillsborough, NH



Monadnock Paper Mills, Inc.

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Hillsborough, NH

603-464-5285



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Pastor Greg Lull

14 West Main Street

Hillsborough, NH

603-464-3511



Hillsborough Town Welfare

Dana Brien

27 School Street

Hillsborough, NH

603-464-3877 x226



To be included in our next guide or to give support, please
contact one of us!!