

Hillsborough Community Guide



A resource directory for those living in the
Hillsborough area

HELP IN A HURRY

In Case of Emergency DIAL 911

Domestic and Sexual Violence 24-Hour Hotline

Phone: 866-644-3574

Hillsborough Local Welfare

Phone: 603-464-7974

Homeless Hotline and NH Resource and Referral Network

Phone: 211

New Hampshire Bureau of Elderly and Adult Services Adult Protection Hotline

Phone: 800-949-0470

New Hampshire DCYF Child Abuse/Neglect Hotline

Phone: 800-894-5533

New Hampshire DHHS Family Assistance Client Services

Phone: 603-271-9700

New Hampshire Hospital

Phone: 800-852-3345 x 5300

New Hampshire Poison Information Center/Hotline

Phone: 800-222-1222

Riverbend 24-Hour EMERGENCY SERVICES/SUICIDE HOTLINE

Phone: 844-743-5748

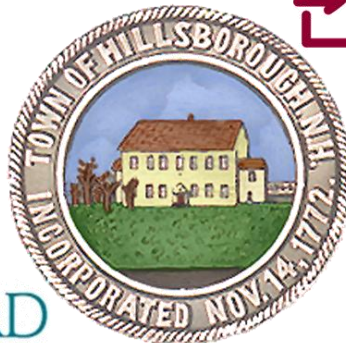
INTRODUCTION

Dear Friends,

This guide is intended as an "at your fingertips" way to easily find help in our area with all kinds of issues our families face on a daily, and not so daily, basis. Our hope is that community members will feel empowered by this information. Please note, however, that no such list is ever complete. If you know of a resource that was not included, or do not find the help you need here, please contact Dana Brien, Town of Hillsborough Welfare Administrator, at 603-464-7974.

This guide has been published with support from The Grapevine Family & Community Resource Center, The Hillsborough Area Resource Committee and HCS Healthy Starts Program and through the generosity of Concord Hospital.

Thank you!!



At Your Fingertips...

Child Care Resource and Referral

Child Care Aware of New Hampshire 855-393-1731

Southern NH Services, Hillsborough Child Development Center 603-464-3136

Local Churches

Deering Community Church, United Church of Christ 603-464-5643

Hillsborough United Methodist Church 603-464-5466

Smith Memorial Congregational Church 603-464-5239

St Theresa's/St Mary's Church 603-464-5565

Valley Bible Chapel 603-464-3511

Washington Congregational Church 603-495-3474

Disability Services and Information

Capital Payee Services 603-225-3858

Child and Family Services 603-518-4171

Community Bridges 800-225-4779

Crotched Mountain Rehabilitation 603-547-3232

Disability Rights Center 603-228-0432

Easter Seals 800-870-8728

Farmstead of New England 603-464-2590

Governor's Commission on Disability 603-271-2773

Granite State Independent Living 603-228-9680

Disability Services and Information (cont)

Home Health Care, Hospice and Community Services 603-352-2253

Meals on Wheels 603-546-7993

New Hampshire DHHS Bureau of Elderly and Adult Services 603-271-9203

New Hampshire Governor's Commission on Disability 603-271-2773

Parent Information Center 603-224-7005

Service Link 866-634-9412

Vocational Rehabilitation 800-299-1647

Domestic and Sexual Violence

Domestic and Sexual Violence 24-Hour Hotline 866-644-3574

Monadnock Center for Violence Prevention 603-352-3782

New Hampshire Coalition Against Domestic and Sexual Violence 603-224-8893

Sexual Assault 24-Hour Hotline 800-227-5570

YWCA Manchester 603-625-5785

Education Resources

Child and Family Services 603-518-4171
Easter Seals 800-870-8728
The Grapevine Family & Community Resource Center 603-588-2620
Hillsboro-Deering Elementary School 603-464-1110
Hillsboro-Deering High School 603-464-1130
Hillsboro-Deering Middle School 603-464-1120
Hillsboro Deering Public Schools Title One Program 603-464-1110
Hillsboro-Deering Public Schools/SAU 34 603-464-4466
Home Health Care, Hospice and Community Services 603-352-2253
Parent Information Center 603-224-7005
Project Genesis Teen Center 603-464-7985

Education Resources (cont)

Project Lift Adult Learner Services 603-464-5285
Riverbend Children's Intervention Program 603-228-0547
Southern NH Services English for New Americans 603-361-2649
Southern NH Services Hillsborough Child Development Center 603-464-3136
Southern NH Services Western Hillsborough County Family Services 603-924-9601
The River Center 603-924-6800
Vocational Rehabilitation 800-299-1647

Family Support

Catholic Charities 603-228-1108
Child and Family Services 603-518-4171
Concord Regional VNA 603-224-4093
Deering Community Church, United Church of Christ 603-464-5643
Easter Seals 800-870-8728
The Grapevine Family & Community Resource Center 603-588-2620
Greater Henniker Family Counseling 603-428-7400
Healthy Starts at Home Health Care, Hospice and Community Services 603-352-2253
Hillsboro Deering Public Schools Title One Program 603-464-1110
Hillsborough United Methodist Church 603-464-5466
Hillsborough Youth Services 603-464-3877 x230
New Hampshire Child and Family Services 603-518-4214
New Hampshire DCYF Child Abuse Hotline 800-894-5533
New Hampshire DHHS Child Support Services 603-271-3604
Parent Information Center 603-224-7005
Project Genesis Teen Center 603-464-7985
Riverbend Children's Intervention Program 603-228-0547
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000
Smith Memorial Church 603-464-5239
Southern NH Services, Hillsborough Child Development Center 603-464-3136

Family Support (cont)

Southern NH Services Western Hillsborough County Family Services 603-924-9601
Southern NH Services WIC/Commodity Foods 800-256-9880
St Theresa's/St Mary's Church 603-464-5565
The River Center 603-924-6800

Federal Resources and Contacts

Sen. Jeanne Shaheen 603-647-7500
Sen. Maggie Hassan 603-622-2204
Social Security Concord 888-397-9798
Social Security Manchester 866-354-3773

Food

EBT Card balance check 888-997-9777
Friendly Kitchen, Concord 603-224-7678
Hillsboro Food Pantry/Clothing Closet Tues. 5pm-7pm 7 Church St.
Hillsborough Local Welfare 603-464-7974
Meals on Wheels 603-546-7993
Southern NH Services Western Hillsborough County Family Services 603-924-9601
Southern NH Services WIC/Commodity Foods 800-256-9880
St John Church Pantry, Concord 603-225-4331

Fuel and Electric Help

Catholic Charities 603-228-1108
Citizen's Energy 800-563-4645
The Grapevine Family & Community Resource Center 603-588-2620
Hillsborough Local Welfare 603-464-7974
Hillsborough Youth Services 603-464-3877 x230
New Hampshire Public Utilities Commission 603-271-2431
Southern NH Services Energy Assistance Programs 603-924-2243
Southern NH Services Western Hillsborough County Family Services 603-924-9601
Southwestern Community Services 603-352-7512

Homeless Assistance

Edna McKenna House, Concord 603-228-3505
Friendly Kitchen, Concord 603-224-7678
Friends Shelter, Concord 603-228-1462
Hillsboro-Deering Cooperative School District Families in Transition 603-464-1110
Hillsborough Local Welfare 603-464-7974
Homeless Hotline 211
Monadnock Area Transitional Shelter, Peterborough 603-924-5033

Homeless Assistance(cont)

Monadnock Center for Violence Prevention 603-352-3782
New Horizons, Manchester 603-668-1877
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000

Homeless Prevention/Outreach

Hillsboro-Deering Cooperative School District Families in Transition 603-464-1110
Hillsborough Youth Services 603-464-3877 x230
Southern NH Services Emergency Solutions Grant Program 603-647-5480 x6214

Homeless Prevention/Outreach (cont)

Southern NH Services Western Hillsborough County Family Services 603-924-9601
Southwestern Community Services Emergency Solutions Grant Program 603-352-7512

Housing Help and Resources

Families In Transition 603-641-9441
Hillsboro-Deering Cooperative School District Families in Transition 603-464-1110
Hillsborough Local Welfare 603-464-7974
Monadnock Area Transitional Shelter 603-924-5033
New Hampshire Healthy Homes and Lead Poisoning Prevention 800-897-5323
New Hampshire Housing Finance 603-310-9283
Southern NH Services Energy Assistance Programs 603-924-2243
Southern NH Services Emergency Solutions Grant Program 603-647-5480 x6214
Southern NH Services Western Hillsborough County Family Services 603-924-9601
Southwestern Community Services Emergency Solutions Grant Program 603-352-7512
The Way Home 603-627-3491

Legal Resources

Disability Rights Center 603-228-0432
Lawline 800-868-1212
Legal Advice and Referral Center 800-639-5290
New Hampshire Attorney General's Office, Consumer Protection Line 888-468-4454
New Hampshire Legal Assistance, Concord 800-921-1115
Senior Law Project 888-353-9944

Local Welfare

Hillsborough Local Welfare 603-464-7974
Town of Deering 603-464-3248
Town of Washington 603-495-3193
Town of Windsor 603-478-3292

Medical Assistance and Resources

American Cancer Society 800-640-7101
Catholic Charities 603-228-1108
Centers for Disease Control Info Line 800-232-4636
Child and Family Services 603-518-4171
Concord Hospital 603-225-2711
Concord Hospital Family Health Center-Hillsboro 603-464-3434
Concord Hospital Family Health Center-Hillsboro Teen Wellness Center 603-464-3434
Concord Hospital Rx Assistance Program 603-227-7009
Concord Regional VNA 603-224-4093
Easter Seals 800-870-8728
Hillsboro Lions Club www.facebook.com/HillsboroNHLions/
Hillsboro Fire Rescue Business Line 603-464-3477
Hillsborough Local Welfare 603-464-7974
Home Health and Hospice Care 603-882-2941
Home Healthcare, Hospice and Community Services 603-352-2253
Medicaid Provider List 800-852-3345 #1 x4344
Monadnock Community Hospital 603-924-7191
Service Link 866-634-9412

Mental Health Support and Services

Brookside Counseling 603-464-5599
Catholic Charities 603-228-1108
Child and Family Services 603-518-4171
Community Bridges 800-225-4779
Concord Hospital Behavioral Health Crisis Line 603-226-0817
Concord Hospital Family Health Center-Hillsboro 603-464-3434
The Grapevine Community Resource Center 603-588-2620
Greater Henniker Family Counseling 603-428-7400
Monadnock Family Services 603-357-4400
New Hampshire Hospital 603-271-5300
Riverbend Children's Intervention Program 603-228-0547
Riverbend Choices Program 844-524-6673
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000
Samaritans Suicide Prevention 800-784-2499

Money Management and Budgeting Assistance

Capital Payee Services 603-225-3858
The Grapevine Family & Community Resource Center 603-588-2620
Hillsborough Local Welfare 603-464-7974
Good News Garage Jumpstart Program 877-400-6065
The River Center 603-924-6800

Mortgage Resources

CATCH 603-225-8835
Home Help NH 211
Hope Hotline 888-995-4673
New Hampshire Banking Commission 603-271-3561
New Hampshire Housing Finance 603-310-9283

Parenting Support and Education

Child and Family Services 603-518-4171
Concord Regional VNA 603-224-4093
The Grapevine Family & Community Resource Center 603-588-2620
Hillsboro-Deering Public Schools Title One Program 603-464-4440
Hillsborough United Methodist Church 603-464-5466
Home Healthcare, Hospice and Community Services 800-541-4145
Riverbend Children's Intervention Program 603-228-0547
Riverbend Community Mental Health 603-228-0547
Runaway Switchboard 800-621-4000
Smith Memorial Congregational Church 603-464-5239
Southern NH Services Child Development Center 603-464-5981
Southern NH Services Western Hillsborough County Family Services 603-924-9601
The River Center 603-924-6800

Senior and Elderly Resources and Support

Child and Family Services 603-518-4171
Concord Regional VNA 603-224-4093
Deering Community Church, United Church of Christ 603-464-5643
Easter Seals 800-870-8728
The Grapevine Family & Community Resource Center 603-588-2620
Greater Hillsborough Senior Services 603-464-5029
Hillsborough Local Welfare 603-464-7974
Home Health and Hospice Care 603-882-2941
Home Healthcare, Hospice and Community Services 603-352-2253
New Hampshire DHHS Bureau of Elderly and Adult Services 603-271-9203
Service Link 866-634-9412
Southern NH Services Retired and Senior Volunteer Program (RSVP) 603-634-1169
The River Center 603-924-6800
Volunteer Driver Program 603-225-1989

Substance Abuse Help and Support

Alcoholics Anonymous 800-593-3330
Child and Family Services 603-518-4171
Concord Hospital Behavioral Health Crisis Line 603-226-0817

Substance Abuse Help and Support(Cont)

Greater Henniker Family Counseling 603-428-7400

Hillsborough Youth Services 603-464-3877 x230

New Hampshire Bureau of Drug and Alcohol Services 603-271-6110

Phoenix House 603-358-4041

Southern NH Services Western Hillsborough County Family Services 603-924-9601

Transportation

Easter Seals Special Transit Services 603-668-8603

Good News Garage Jumpstart Program 877-400-6065

Volunteer Driver Program 603-225-1989

Full Contact Directory for All Agencies:

Alcoholics Anonymous

Phone: 800-593-3330

On the Web: www.nhaa.net

American Cancer Society

2 Commerce Dr, Bedford, NH 03110

Phone: 603-472-8899

Phone: 800-227-2345

On the Web: www.cancer.org

Brookside Counseling

365 A West Main St, Hillsborough, NH 03244

Phone: 603-464-5599

Fax: 603-464-5549

On the Web: www.brooksidecounseling.net

Capital Payee Services

26 S. Main St #298, Concord, NH 03301

Phone: 603-225-3858

Fax: 603-225-3858

Email: capitalpayeeservices@usa.net

Professional Payee Services for those on Social Security who require third party assistance in managing their money

CATCH

76 South State St, Concord, NH 03301

Phone: 603-225-8835

On the Web: www.catchhousing.org

Email: info@catchhousing.org

Mortgage Counseling Resource/Affordable Housing Options

Catholic Charities

176 Loudon Rd, Concord, NH 03301

Phone: 603-228-1108

On the Web: www.nh-cc.org

Su McKinnon-Outreach Coordinator

Email: smckinnon@nh-cc.org

Centers for Disease Control Info Line

Phone: 800-232-4636

Child and Family Services

103 North State St, Concord, NH 03301

Phone: 603-224-7479

Phone: 800-640-6486

Fax: 603-224-7445

On the Web: www.cfsnh.org

Agency and Private Adoption Adoption, Post adoption search, Community support & education groups, Counseling/Therapy, Day Treatment, Permanency Solutions/ISO (Individual Service Options), Foster Parenting, Healthy Families Home Visiting Program, HomeCare / Elder Care, Integrated Home Based Services, Parent Aide/Child Health Support Services, Parenting Plus/home-based support, Partners in Health, Foster Care, Pregnancy Counseling, Runaway and Homeless Youth Program, School based, Summer Camp, Tracking/Turnabout, Transitional Living

Child Care Aware of New Hampshire

Phone: 855-393-1731

88 Temple St

Nashua, NH 03060

On the Web: www.childcareaware.org

Citizen's Energy

Phone: 617-338-6300

Phone: 877-563-4645

On the Web: citizensenergy.com

Email: inform@citizensenergy.com

Joe for Oil campaign can give one 100 gallon oil delivery

Community Bridges

70 Pembroke Rd, Concord, NH 03301

Phone: 800-499-4153

On the Web: www.communitybridgesnh.org

Concord Hospital

250 Pleasant St, Concord, NH 03301

Phone: 603-225-2711

On the Web: www.concordhospital.org

Concord Hospital Behavioral Health

250 Pleasant St, Concord, NH 03301

Phone: 603-226-0817 (24-hour assistance)

Phone: 603-227-7000 x4500

On the Web: www.concordhospital.org/services/behavioral.php

Emergency and residential psychiatric and substance abuse treatment and support.

Concord Hospital Family Health Center-Hillsboro

15 Antrim Rd, Hillsborough, NH 03244

Phone: 603-464-3434

On the Web: www.concordhospital.org

Concord Hospital Family Health Center-Hillsboro Teen Wellness Center

15 Antrim Rd, Hillsborough, NH 03244

Phone: 603-464-3434

On the Web: www.concordhospital.org

Concord Hospital Rx Assistance Program

250 Pleasant St, Concord, NH 03301

Phone: 603-227-7000 x3340

Fax: 603-227-7010

On the Web: www.concordhospital.org

Concord Regional VNA

30 Pillsbury St, Concord, NH 03301

Phone: 603-224-4093

On the Web: www.crvna.org

Crotched Mountain Rehabilitation

1 Varney Dr, Greenfield, NH 03047

Phone: 603-547-3232

Fax: 603-547-2349

On the Web: www.crotchedmountain.org

Harry Gregg Foundation Grants

Deering Community Church, UCC

763 Deering Center Rd, Deering, NH 03244

Phone: 603-464-5643

Email: deeringchurch@mcttelecom.com

On the Web: <http://www.deeringcommunitychurch.org>

Disability Rights Center

64 North Main St, Suite 2, 3rd Floor, Concord, NH 03301

Phone: 603-228-0432

Phone: 800-834-1721

Fax: 603-225-2077

On the Web: www.drcnh.org

Provides information, referrals, legal advice and legal representation in the areas of civil and other legal rights of people with disabilities

Domestic and Sexual Violence 24-Hour Hotline

Phone: 866-644-3574

Phone: TTY: 800-735-2964

Crisis support, information and referrals

Easter Seals

555 Auburn St, Manchester, NH 03103

Phone: 800-870-8728

Phone: 603-623-8863

Fax: 603-625-1148

On the Web: www.easterseals.com/nh

Easter Seals Special Transit Services

Phone: 603-668-8603

Medicaid rides, must be scheduled through your Medicaid Provider

EBT Card check

Phone: 888-997-9777

On the Web: www.ebtedge.com

Check the balance on your EBT card

Edna McKenna House

100 S Fruit St, Concord, NH 03301

Phone: 603-228-3505

Families In Transition

122 Market St, Manchester, NH 03101

Phone: 603-641-9441

Phone: 866-470-6885

On the Web: www.fitnh.org

Email: info@fitnh.org

Friendly Kitchen

2 South Commercial St, Concord, NH 03301

Phone: 603-224-7678

Serving breakfast and dinner daily and lunch Monday - Friday

Friends Shelter

30 Thompson St Concord, NH 03301

Phone: 603-228-1462

Emergency family shelter

Good News Garage Jumpstart Program

40 Granite St, 3rd Floor, Manchester, NH 03102

Phone: 877-400-6065

On the Web: www.goodnewsgarage.org

Vehicle program for those with employment, a valid licence, and who are income eligible.

Governor's Commission on Disability

121 South Fruit St, Ste 101 Concord, NH 03301

Phone: 800-852-3405

Fax: 603-271-2837

On the Web: www.nh.gov/disability

Granite State Independent Living

21 Chenell Dr, Concord, NH 03301

Phone: 800-826-3700

Phone: 603-228-9680

Fax: 603-225-3304

On the Web: www.gsil.org

The Grapevine Family & Community Resource Center

4 Aiken St, Antrim, NH 03440

Phone: 603-588-2620

On the Web: www.grapevინeh.org

Email: info@grapevინeh.org

Providing parent, child and teen programs, education, community supports and resources including information and referral

Greater Henniker Counseling Associates

41 Liberty Hill Rd, Henniker, NH 03242

Phone: 603-428-7400

On the Web: www.hennikercounseling.org

Greater Hillsborough Senior Services

P.O. Box 1511, Hillsborough, NH 03244

Phone: 603-464-5029

On the Web: greaterhillsboroughseniors.blogspot.com

Senior focused activities, trips, meals, volunteer opportunities, monthly newsletter

Healthy Starts at Home Health Care, Hospice and Community Services

312 Marlboro St, Keene, NH 03431

Phone: 603-352-2253

Fax: 603-358-3904

On the Web: www.hcsservices.org

Hillsboro-Deering Elementary School

4 Hillcat Dr, Hillsborough, NH 03244

Phone: 603-464-1110

Fax: 603-464-4385

On the Web: www.hdsd.org

Hillsboro-Deering High School

12 Hillcat Dr, Hillsborough, NH 03244

Phone: 603-464-1130

Fax: 603-464-5857

On the Web: www.hdsd.org

Hillsboro-Deering Middle School

6 Hillcat Dr, Hillsborough, NH 03244

Phone: 603-464-1120

Fax: 603-464-5759

On the Web: www.hdsd.org

Hillsboro-Deering Cooperative School District Families in Transition

Phone: 603-464-1110

On the Web: www.hdsd.org

Hillsboro-Deering Public Schools Title One Program

4 Hillcat Dr, Hillsborough, NH 03244

Phone: 603-464-1110

Fax: 603-464-4385

On the Web: www.hdsd.org

Hillsboro-Deering Public Schools/SAU 34

P.O. Box 2190, 78 School St Third Floor, Hillsborough, NH 03244

Phone: 603-464-4466

Fax: 603-464-4053

On the Web: www.hdsd.org

Hillsboro Food Pantry/Clothing Closet

7 Church St, Hillsborough, NH 03244

Phone: 603-464-4080

Open Tues 5:00-7:00 pm

Hillsboro Lions Club

On Facebook: www.facebook.com/hillsboronhlions/

Meetings at the American Legion Post 59, 538 West Main St. the 2nd and 4th Tuesday each month at 6:30 PM For help with eye exams, glasses and hearing aids, contact through Facebook.

Hillsborough Fire Rescue

15 Central St, Hillsborough, NH 03244

Phone: 603-464-3477

Fax: 603-464-3122

On the Web: www.hillsborofd.com

Hillsborough Local Welfare

27 School St, Hillsborough, NH 03244

Phone: 603-464-7974

Fax: 603-464-4270

On the Web: www.town.hillsborough.nh.us

Email: dana@hillsboroughnh.net

M-F 8:30am-4:00pm and by appointment

Hillsborough Police

22 Municipal Dr, Hillsborough, NH 03244

Phone: 603-464-5512

On the Web: www.hillsboropd.com

Hillsborough United Methodist Church

16 Henniker St, Hillsborough, NH 03244

Phone: 603-464-5466

Email: pastor@hillsboroumc.net

Hillsborough Youth Services

Phone: 603-464-3877 x230

Email: ysdirector@hillsboroughnh.net

Juvenile Court Diversion (State Accredited), Family/Youth Counseling and Substance Abuse referrals, Group Community Service, Parent Education Courses, Youth Community Center, Life Skills Courses.

Home Health & Hospice Care

7 Executive Park Dr, Merrimack, NH 03054

Phone: 603-882-2941

Fax: 603-423-9377

On the Web: www.hhhc.org

Home Healthcare, Hospice and Community Services

312 Marlboro St, Keene, NH 03431

Phone: 603-352-2253

Fax: 603-358-3904

On the Web: www.hcsservices.org

Email: info@hcsservices.org

Homeless Hotline

Phone: 211

On the Web: www.211nh.org

Hope Hotline

Phone: 888-995-4673

On the Web: www.makinghomeaffordable.gov

Nationwide Mortgage helpline

Lawline

Phone: 800-868-1212

2nd Wednesday of every month from 6pm to 8pm. Volunteer Lawyers offer free legal information.

Legal Advice and Referral Center

15 Green St Concord, NH 03301

Phone: 800-639-5290

Fax: 603-224-6067

On the Web: www.nhlegalaid.org

Free legal Service to eligible, low-income people in New Hampshire with issues in Family Law, Benefits and Welfare, and Housing

Legal Advice Line Senior Citizens Law Project

Phone: 888-353-9944

The Legal Advice Line, a service of New Hampshire Legal Assistance provides free legal advice in civil matters for senior citizens 60 and older

Meals on Wheels

30-34 West Main St, Hillsborough, NH 03244

Phone: 603-546-7993

On the Web: www.mealsonwheelsnh.org

Email: geno3@hotmail.com

Seniors over 60 automatically eligible to dine with MOW at St Mary's M-F for dinner. If senior can show cause, meals will be delivered. Also offer rides for grocery shopping.

Disabled adults under age 60 may also qualify depending on income

Medicaid Provider List

Phone: 800-852-3345 #1 x 4344

Monadnock Area Transitional Shelter

Phone: 603-924-5033

On the Web: www.matsnh.org

Not an emergency shelter, transitional housing for recovery from homelessness

Monadnock Center for Violence Prevention

45 Knight St, Suite 21, Jaffrey, NH 03452

Phone: 603-352-3782

Phone: 888-511-6287

Advocacy, Information and referral for people experiencing domestic and sexual violence. 24-Hour crisis hotline, emergency Shelter, Safety Planning, Support groups and Peer counseling, and Legal Advocacy.

Monadnock Community Hospital

452 Old Street Rd, Peterborough, NH 03458

Phone: 603-924-7191

On the Web: www.monadnockcommunityhospital.com

Monadnock Family Services

310 Southfield Lane, Peterborough, NH 03458

Phone: 603-357-4400

On the Web: www.mfs.org

Parenting Education

New Horizons

199 Manchester St, Manchester, NH 03103

Phone: 603-668-1877

On the Web: www.newhorizonsfornh.org

Adult shelter, food, supportive recovery services, those seeking shelter need not be sober, but can not use substances on premises

New Hampshire Attorney General's Office of Consumer Protection

Phone: 888-468-4454

On the Web: www.doj.nh.gov/consumer

Email: DOJ-CPB@doj.nh.gov

New Hampshire Banking Commission

Phone: 603-271-3561

Phone: 800-437-5991

Mortgage Assistance resource

New Hampshire Bureau of Drug and Alcohol Services

Phone: 603-271-6110

Phone: 800-804-0909

On the Web: www.dhhs.nh.gov/dcbcs/bdas/

A resource for information on Drug and Alcohol services throughout New Hampshire

New Hampshire Child and Family Services

103 North State St, Concord, NH 03301

Phone: 603-518-4214

Fax: 603-224-7445

On the Web: www.cfsnh.org

Family Supports

New Hampshire Coalition Against Domestic and Sexual Violence

P.O. Box 353, Concord, NH 03302

Phone: 603-224-8893

Fax: 603-228-6096

On the Web: www.nhcadv.org

New Hampshire DCYF Child Abuse/Neglect Hotline

Phone: 800-894-5533

To report concerns

New Hampshire DHHS Bureau of Elderly and Adult Services

Phone: 603-271-9203

Phone: 800-351-1888

On the Web: www.dhhs.state.nh.us

New Hampshire DHHS Child Support Services

129 Pleasant St, Concord, NH 03301

Phone: 603-271-4427

Phone: 800-852-3345 x4427

On the Web: www.dhhs.state.nh.us

Court ordered Child Support Administration, questions

New Hampshire DHHS Family Assistance-Concord

40 Terrill Park Dr, Concord, NH 03301

Phone: 603-271-6200

Phone: 800-322-9191

Fax: 603-271-6451

On the Web: www.dhhs.state.nh.us

Food Stamps, Cash Assistance, Medical, Job Training, Work Search Assistance

New Hampshire DHHS Family Assistance-Keene

111 Key Rd, Keene, NH 03431

Phone: 603-357-3510

Phone: 800-624-9700

Fax: 603-352-2598

On the Web: www.dhhs.state.nh.us

Food Stamps, Cash Assistance, Medical, Job Training, Work Search Assistance

New Hampshire Employment Security

10 West St, Concord, NH 03301

Phone: 603-228-4100

Phone: 800-852-3400

On the Web: www.nh.gov/nhes

Unemployment Benefits, Job Search assistance

New Hampshire Governor's Commission on Disability

57 Regional Dr. Concord, NH 03301

Phone: 603-271-2773

Phone: 800-852-3405

Fax: 603-271-2837

On the Web: www.nh.gov/disability

New Hampshire Healthy Homes and Lead Poisoning Prevention Program

Phone: 800-897-5323

On the Web: www.dhhs.nh.gov/dphs/bchs/clpp/index.htm

Regarding specific questions about making homes lead safe for small children

New Hampshire Hospital

36 Clinton St, Concord, NH 03301

Phone: 603-271-5300

Phone: 800-852-3345 x5300

Fax: 603-271-5395

On the Web: www.dhhs.state.nh.us/dcbcs/nhh/index.htm

New Hampshire Housing Finance Authority

32 Constitution Dr, Bedford, NH 03110

Phone: 603-472-8623

Phone: 800-439-7247

On the Web: www.nhhfa.org

Section 8 voucher waiting list, Subsidized housing search, Mortgage counseling

New Hampshire Legal Assistance

117 North State St, Concord, NH 03301

Phone: 800-921-1115

Phone: 603-223-9750

Fax: 603-223-9794

On the Web: www.nhla.org

New Hampshire Public Utilities Commission

21 South Fruit St, Suite 10, Concord, NH 03301

Phone: 603-271-2431

Phone: 800-852-3793

Fax: 603-271-3878

On the Web: www.puc.state.nh.us

Email: puc@puc.nh.gov

Regulates metered utilities in New Hampshire such as Electricity, Natural Gas, and Telephone

Parent Information Center

54 Old Suncook Rd, Concord, NH 03302

Phone: 603-224-7005

Phone/TTY: 800-947-7005

Fax: 603-224-4365

On the Web: www.picnh.org

Assistance with 504 Plans, IEPs and navigating the process of obtaining education assistance for children with disabilities

Phoenix House

Phone: 855-234-6723

Drug abuse treatment for Adults and Teens in 2 NH locations

Project Genesis Teen Center

61 West Main St, Hillsborough, NH 03244

Phone: 603-464-4145

Phone: 603-464-5779

Visit on Facebook.

Drop-in Teen Center sponsored by Hillsboro Youth Services

Project Lift Adult Learner Services

29 School St, Hillsborough, NH 03244

Phone: 603-464-5285

On the Web: www.fullerlibrary.info, www.nhadulted.org

Email: hillsboroadulted@gmail.com

FREE Adult basic education, HiSET prep, College & Career Transitions, Digital Literacy, ESOL, Referrals

Revival Shop

73 Main St, Antrim, NH 03440

Phone: 603-588-2209

Riverbend Children's Intervention Program

105 Loudon Rd. Building 3, Concord, NH 03301

Phone: 603-228-0547

Fax: 603-226-7508

On the Web: www.riverbendcmhc.org

Riverbend Choices Program

P.O. Box 2032, Concord, NH 03301

Phone: 844-524-6673

On the Web: www.riverbendcmhc.org

Offers substance abuse services for adults and adolescents, IOP, individual therapy, assessments, suboxone, group therapy, suboxone, vivitrol, etc

Riverbend Community Mental Health

P.O. Box 2032, Concord, NH 03301

Phone: 603-228-1600

On the Web: www.riverbendcmhc.org

Runaway Switchboard

Phone: 800-621-4000

Homeless and runaway teens

Samaritans Suicide Prevention

Phone: 800-784-2499

Phone: 800-273-8255

Sen. Jeanne Shaheen

2 Wall St, Suite 220, Manchester, NH 03101

Phone: 603-647-7500

Fax: 603-647-9352

On the Web: shaheen.senate.gov

Sen. Maggie Hassan

1589 Elm St, Third Floor, Manchester, NH 03101

Phone: 603-622-2204

On the Web: www.hassan.senate.gov

Service Link

Phone: 866-634-9412

On the Web: www.nh.gov/servicelink

Smith Memorial Congregational Church

30-34 West Main St, Hillsborough, NH 03244

Phone: 603-464-5239

On the Web: smithmemorialucc.org

Email: smithmemorialucc@mcttelecom.com

Office Hours: Tue-Fri 9am-12pm

Social Security-Concord

70 Commercial St, Ste #100, Concord, NH 03301

Phone: 888-397-9798

On the Web: www.ssa.gov

Social Security-Manchester

1 Wall St, Suite 201, Manchester, NH 03101

Phone: 866-354-3773

Phone: 866-814-5408

On the Web: www.ssa.gov

Southern NH Services English for New Americans

508 Union St, Manchester, NH 03104

Phone: 603-361-2649

On the Web: www.snhs.org

High Quality English language classes and a variety of cultural orientation activities.

Southern NH Services Hillsborough Child Development Center

21 School St Hillsborough, NH 03244

Phone: (603)464-3136

On the Web: www.snhs.org

Child Development, serving children ages 2 ½- 12 with part/full day preschool, child care and an after school program

Southern NH Services Energy Assistance Programs

9 Vose Farm Rd, Peterborough, NH 03458

Phone: 603-924-2243

Fax: 603-924-5756

On the Web: www.snhs.org

HILLSBOROUGH COUNTY: LIHEAP fuel assistance, Electric Assistance Program, Neighbor-Helping-Neighbor electric help. Rental assistance if heat is included in rent. Peterborough office makes appointments for the Hillsborough office

Southern NH Services Emergency Solutions Grant Program

Phone: 603-647-5480 x6214

HILLSBOROUGH COUNTY: Homelessness prevention and recovery grants, case management

Southern NH Services Retired and Senior Volunteer Program (RSVP)

Phone: 603-634-1169

On the Web: www.snhs.org

Bone Builders, CATCH Healthy Habits, , Fixit Corps, Thresholds and Decision Making Program

Southern NH Services Western Hillsborough County Family Services

Phone: 603-924-9601

On the Web: www.snhs.org

Southern NH Services WIC/Commodity Foods

P.O. Box 5040, Manchester, NH 03108

Phone: 603-668-8010

Phone: 800-256-9220

On the Web: www.snhs.org

Southwestern Community Services

63 Community Way, Keene, NH 03431

Phone: 603-352-7512

Fax: 603-352-3618

On the Web: www.scshehelps.org

CHESHIRE COUNTY and SULLIVAN COUNTY: LIHEAP fuel assistance, Electric Assistance Program, Neighbor-Helping-Neighbor electric help. Rental assistance if heat is included in rent

Southwestern Community Services Emergency Solutions Grant Program

63 Community Way, Keene, NH 03431

Phone: 603-352-7515

On the Web: www.scshehelps.org

CHESHIRE COUNTY and SULLIVAN COUNTY: Homelessness prevention and recovery grants, case management

St Theresa's/St Mary's Church

158 Old West Hopkinton Rd, Henniker, NH 03242 Phone: 603-478-3325

On the Web: www.showerofroses.org

Email: rectoryoffice@mcttelecom.com

St John Church Pantry

67 ½ South State St, Concord, NH 03301

Phone: 603-225-1122

Food pantry M-Th 7pm-9pm May be used twice per month

The River Center

9 Vose Farm Rd #115, Peterborough, NH 03458

Phone: 603-924-6800

On the Web: www.rivercenter.us

The Way Home

214 Spruce St, Manchester, NH 03103

Phone: 603-627-3491

On the Web: www.thewayhomenh.org

Security Deposit Loan Guarantee program. Hillsborough County

Town of Deering

762 Deering Center Rd, Deering, NH 03244

Phone: 603-464-3248

On the Web: www.deering.nh.us

Town of Hillsborough Town Hall

P.O. Box 7, Hillsborough, NH 03244

Phone: 603-464-3877

Fax: 603-464-4270

On the Web: www.town.hillsborough.nh.us

Town of Washington

7 Halfmoon Pond Rd, Washington, NH 03280

Phone: 603-495-3193

On the Web: www.washingtonnh.org

Email: welfare@washingtonnh.org

Town of Windsor

14 White Pond Rd, Windsor, NH 03244

Phone: 603-478-3292

Fax 603-478-3293

On the Web: windsornh.org

Valley Bible Chapel

14 West Main St, Hillsborough, NH 03244

Phone: 603- 464-3511

On the Web: valleybiblechapel.net

Email: valleybiblechapelnh@gmail.com

Faith Based Assistance

Vocational Rehabilitation, NH Department of Education

21 South Fruit Street, Suite 20, Concord, NH 03301

Phone: 603-271-3471

Phone: (V/TTY) 1-800-299-1647

On the Web: www.education.nh.gov/career/vocational

Volunteer Driver Program

Phone: 603-225-1989 (Riders)

Phone: 603-224-8043 (Volunteer Drivers)

Transportation program for adults with disabilities or those over 60 years old. No cost to riders and mileage reimbursement available for drivers

Washington Congregational Church

1 Halfmoon Pond Rd, Washington, NH 03280

On the Web: <https://washington-nh-ucc.webnode.com/>

YWCA

72 Concord St, Manchester, NH 03101

Phone: 603-668-2299

Phone: 603-625-5785

On the Web: www.ywcanh.org

Domestic Violence Walk-in Support Center